

## LUNCH

<b>Manning Burger</b>	<b>19</b>
Burger sauce, lettuce, tomato, onion & pickle	
<b>Grilled Salmon Burger</b>	<b>21</b>
Lemon dill aioli, lettuce, tomato & onion	
<b>Veggie Burger</b>	<b>21</b>
Black bean & vegetable patty, smashed avocado, red pepper hummus & pico de gallo with lettuce & pickle	
<b>Traditional Poutine</b>	<b>16</b>
<b>BBQ Pork Poutine</b>	<b>20</b>
BBQ pulled pork & bacon	
<b>Veggie Poutine</b>	<b>20</b>
Sautéed peppers, onions & seared tofu	
<b>Cajun Chicken Sandwich</b>	<b>20</b>
Battered chicken breast with lettuce, tomato, onion, pickle, jalapeno jack cheese & chipotle lime aioli	
<b>French Dip with Au Jus</b>	<b>20</b>
Shaved roast beef with horseradish aioli & au jus	
<b>Philly-Style +4</b>	
<b>Chicken Clubhouse</b>	<b>21</b>
Grilled chicken breast, bacon, tomato, lettuce & mayo. Served between 3 slices of sourdough	
<b>Pulled Pork Mac &amp; Cheese</b>	<b>24</b>
Cavatappi noodles tossed in a creamy cheese sauce with pulled pork. Served with grilled focaccia	

## AVAILABLE AFTER 4PM

<b>Braised Pork Shoulder</b>	<b>29</b>
10oz braised pork shoulder served with seasonal vegetables & garlic goat cheese mashed potatoes	
<b>Eggplant Parmesan</b>	<b>27</b>
Panko breaded eggplant topped with marinara sauce & baked with vegan mozzarella cheese. Served with seasonal vegetables & wild rice	

## LUNCH

<b>Fish Tacos (3)</b>	<b>19</b>
Seared cod, coleslaw, pico de gallo & citrus aioli	
<b>Grilled Tofu Tacos (3)</b>	<b>19</b>
Grilled tofu, sautéed peppers, onions, lettuce, guacamole & pico de gallo	
<b>Chicken Tenders &amp; Fries</b>	<b>18</b>
5 chicken tenders served with fries	
<b>Spinach &amp; Artichoke Dip</b>	<b>18</b>
A mozzarella & cream cheese blend with spinach and artichoke hearts. Served with tortilla chips & naan bread	
<b>Chicken Wings (1lb)</b>	<b>17</b>
Hand breaded wings in your choice of: Teriyaki, Caribbean Jerk, Salt & Pepper, BBQ or House Hot	
<b>Cauliflower Bites</b>	<b>18</b>
Breaded cauliflower florets in your choice of: Teriyaki, Caribbean Jerk, Salt & Pepper, BBQ or House Hot	
<b>Loaded Nachos</b>	<b>18/28</b>
Tortilla chips dressed with peppers, tomatoes, jalapenos, black olives, cheddar & monterey jack cheese. Served with salsa & sour cream	
<b>Add Pork, Chicken, Beef or Tofu</b>	<b>+6</b>
<b>Add Guacamole</b>	<b>+4</b>
<b>Chef's Soup of the Day</b>	<b>6/9</b>
<b>House Salad</b>	<b>9/14</b>
Salad blend with carrots, red cabbage, cucumber, onion, grape tomato & pumpkin seeds. Choice of: Balsamic, Ranch or Blue Cheese	
<b>Caesar Salad</b>	<b>10/16</b>
Romaine lettuce tossed in creamy garlic dressing topped with homemade croutons & asiago cheese	
<b>Roasted Beet Salad</b>	<b>15</b>
Roasted beets, sweet peppers, goat cheese & candied nuts in a balsamic vinaigrette drizzled with balsamic glaze	
<b>Poke Bowl</b>	<b>22</b>
Marinated Ahi Tuna, Tofu or Grilled Chicken tossed with rice in a ponzu & citrus aioli. Topped with pickled carrots & cabbage, cucumbers, mandarin oranges & avocado	