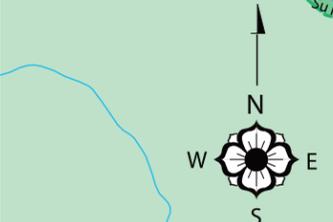


E.C. Manning

PROVINCIAL PARK



Manning Park Resort
Proud Operator of

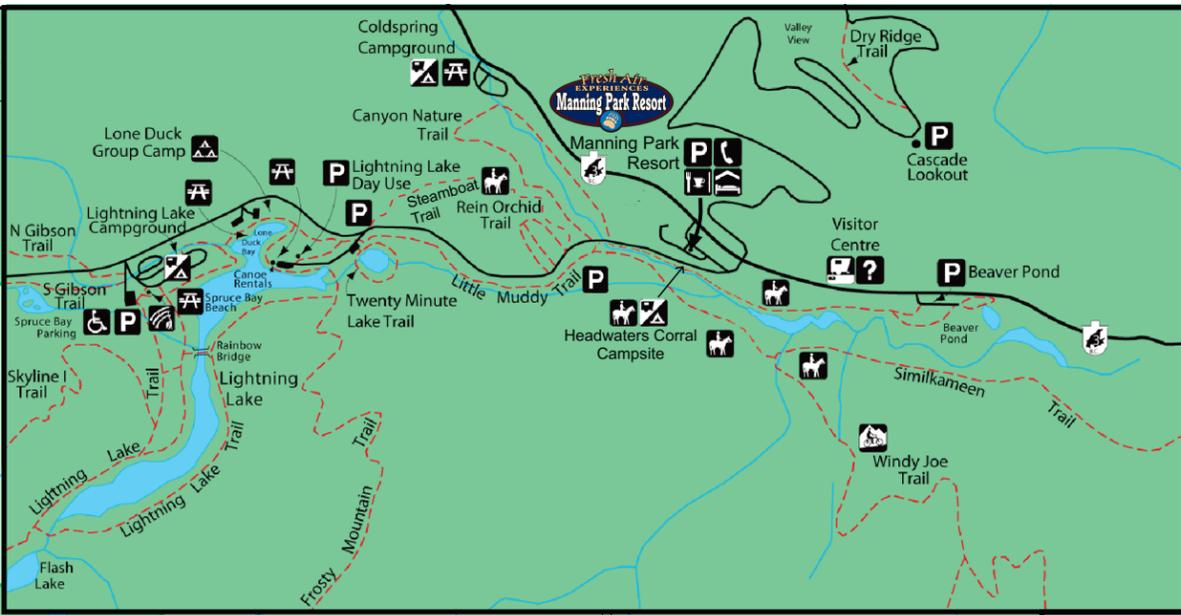
Camgrounds: Coldspring, Mule Deer, Hampton, Lightning Lake & Lone Duck.

Book your campsite in Manning Park
Toll Free: 1-800-689-9025
www.discovercamping.ca

Visitor Centre
Phone: 604-668-5953
Email: camping@manningpark.com

NOTE TO HIKERS
Please stay on trails and camp in designated campsites. Practice no-trace camping by packing out all garbage.

OPEN FIRES ARE NOT PERMITTED IN THE BACKCOUNTRY

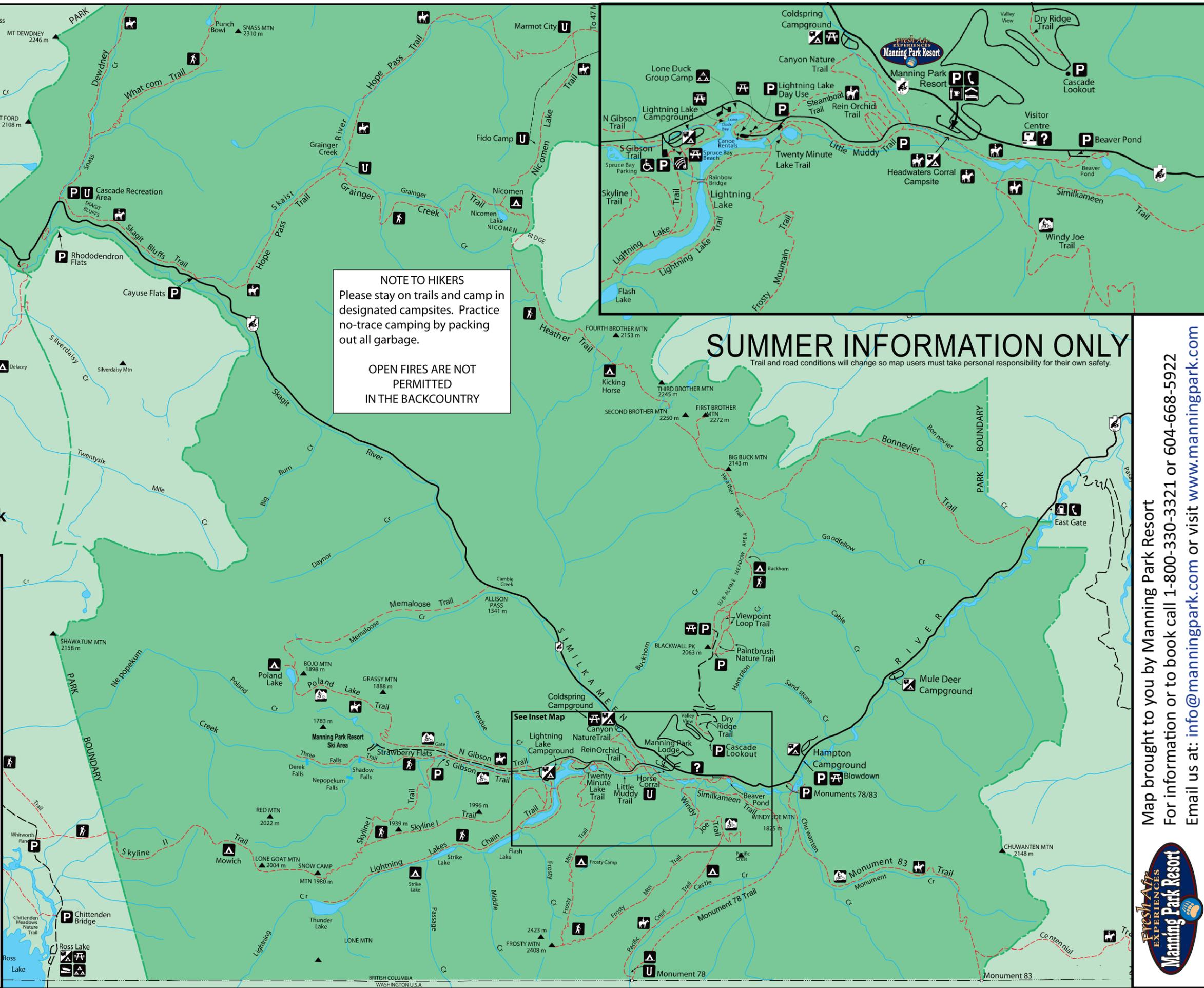


SUMMER INFORMATION ONLY

Trail and road conditions will change so map users must take personal responsibility for their own safety.

Legend

	Highway		Parking
	Paved Road		Day-Use Area
	Gravel Road		Accommodation
	Park Boundary		Restaurant
	Hiking Trail		Sani-station
	Tent/Vehicle Camping		Information
	Group Camping		Hiking
	Wilderness Campsite		Mountain Biking
	Gasoline		Horse Trail
	Telephone		Hiking Permitted
	Disabled Access		Horse Camp
			Amphitheatre
			Boat Launch



Map brought to you by Manning Park Resort
For information or to book call 1-800-330-3321 or 604-668-5922
Email us at: info@manningpark.com or visit www.manningpark.com



Manning Park Resort

Your four season destination for:

- | | |
|--------------------|------------------------------|
| Accommodation | Downhill skiing/snowboarding |
| Restaurants | Tubing |
| Gifts & Supplies | Cross country skiing |
| Weddings | Snowshoeing |
| Corporate Retreats | Boat rentals |
| Pool & hot tubs | Hiking |

LODGE ROOMS * CABINS * CHALETS * LAST RESORT
 For reservations or information please contact us at
 1-800-330-3321 or 604-668-5922 or info@manningpark.com
www.ManningPark.com

SOUVENIRS * GROCERIES * GIFTS * DRINKS * SNACKS

Country Store & Liquor Store

Forgot something? We've got you covered.
 From clothing to food and beyond!
 Located in the Pinewoods Building at Manning Park Resort
 Open from 8am-8pm.

The Boathouse

At Lightning Lake Day Use Area
 Open 9am-6pm Weather Dependent.
 When closed rentals and returns can be done
 through Manning Park Resort Lodge Front Desk.

Canoes/Kayaks/Rowboats/Stand Up Paddleboards
RENTALS * SNACKS * DRINKS * ICE CREAM
 Credit card or Drivers Licence deposit needed for rentals.

Manning Park Resort's Pinewoods Restaurant, Bistro & Bear's Den Pub

Join us for a relaxing atmosphere and discover
 what our chefs have in store for you!
 Catering available for groups and events.

Cascade Golden Mantled Ground Squirrel
 Manning Park Resort's
Loon Lagoon

Free for Resort Guests and Horse Corral Campers.
 Other campers welcome - \$5 each.

POOL, HOT TUBS, FITNESS CENTRE & MORE!
 Pick up your key from the Front Desk



Short Trails

Beaver Pond - 500m - 15 minutes. Parking lot off Highway 3 just east of the Visitor Centre. Excellent bird watching.

Rein Orchid - 500m - 15 minutes. Parking lot just past Similkameen River on Gibson Pass Road. Watch for tiny rein and bog orchids along trail.

Rhododendron Flats - 500m - 15 minutes. Roadside pullout of Highway 3. View the northern most patch of Pacific Rhododendrons flowering in June.

Sumallo Grove - 700m - 25 minutes. Start at Sumallo Grove picnic area off Highway 3 near west end of park. Giant western red-cedar trees, douglas fir and hemlock.

Paintbrush - 1km - 20 minutes. Start in upper parking lot at Blackwall Peak. Flowers are peak bloom mid-late July.

Canyon Nature - 2km - 45 minutes. Start at Similkameen River on Gibson Pass Road or at Coldspring Campground. Follows both sides of river.

Mid Range

Lightning Lake - 4.5km/9km - 1.5/3 hours. Trail follows around the Lake. Shorter distance is crossing Rainbow Bridge, longer is the whole way around.

Thunder Lake - 12km one way - 4.5 hours. Start at Lightning Lake and follow trail past Flash Lake and Strike Lake. Campsite is between Strike and Thunder.

Three Falls - 9km return - 3 hours. Start at Strawberry Flats. Trail goes past downhill ski area to Shadow Falls (3.1km), Nepopekum Falls (3.2km across valley) and ends at Derek Falls (4.5km).

Dry Ridge - 1.5 km one way - 30 min, 50m elev c. One end of the trail is 400m up Blackwall Road from the Cascade Lookout, the other is 2km. A rocky ridge with flowers and views.

Heather Trail - 21km one way - 10-12 hours, 292m elev c. Start at Blackwall Peak parking lot. Trail follows old fire access road to Buckhorn Campsite (5 km) then heads up old burn and across meadows. At 10km trail reaches foot of First Brother mountain. Kicking Horse Campsite is at 13.5 km and trail continues to Nicomen Ridge (21km). Nicomen Lake Campsite is another 2 km below the ridge.



Share the Trail!
 Keep Manning's Plants Safe!
 Share the Trail with other users
 and make sure you stay on it!

Visitor Centre

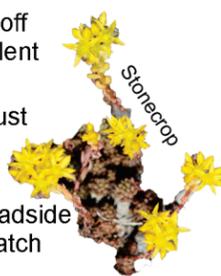
Summer Hours 9am-6pm.
 Sani Station available

INFO * DISPLAYS * PICNIC AREA * RETAIL
 Stop in, we'd love to see you!

Pacific Rhododendron



Great Blue Heron



Stonecrop



Yellow Bellied Marmot

Longer Trails

Bonnevier - 29km one way - 11 hours - 950m elev change. Start at Blackwall Peak parking lot and hike Heather Trail 2km past Buckhorn Campsite to trail turn off. Trail ends at east end of park across from McDiarmid Meadows.

Windy Joe - 18km return - 5 hours - 525m elev change. Start at Similkameen River on Gibson Pass Road. Trail is a fire access road to fire lookout shelter at top of mountain with great view.

Pacific Crest (PCT) - 12km one way - 4 hours - 450m ec. Start at Similkameen River on Gibson Pass Road. Follow Windy Joe Trail at first then branch off to Mt. Frosty Trail then PCT. Campsite just after branch, or continue on to US border. This trail is one end of the PCT trail, a 6 month trail from Canada to Mexico.

Monument 83 - 16km one way - 5 hours, 850m elev c. Trail begins at parking lot on Hwy 3 ends at US border.

Poland Lake - 16km return - 6 hours - 435m elev change. Start at Strawberry Flats Parking Lot. Trail is on North side of Gibson Pass Road. Trail goes to downhill ski area then along ridge to Poland Lake. Return possible by Memaloose Trail.

Mount Frosty - 22km return - 10 hours, 1100m elev c. Start at Lightning Lake Day Use Area, trail starts across dam at east end of lake. Campsite is at 8km, peak is at 11km. Return the same way or loop past Windy Joe mountain. Mt Frosty is the highest peak in Manning Park.

Skyline I - 20km loop - 8hours, 775m elev change. Start at either Spruce Bay or Strawberry Flats and climb to Skyline ridge. Flowers are peak bloom mid-late July.

Skyline II - 25km to Ross Lake - 10 hours, 469m elev c. Start at Strawberry Flats and follow Skyline 1 to junction at 6km. Head west to Mowich Camp (12km) then either continue to Skagit Valley Provincial Park or return.

Dewdney - 16km one way - 6 hours - 650m elev change. Start at Cascade Rec Parking on Hwy 3 then follow trail up Snass Creek. This heritage trail continues to Dry Lake and Paradise Valley.

Hope Pass - 26km one way - 8 hours - 1050m elev change. Start at Cayuse Flats on Hwy 3 & follow Skaist River north.

Horses allowed on: Monument 83, Windy Joe, Little Muddy, Lone Duck, North and South Gibson, Poland Lake, Skagit Bluffs, Dewdney, Hope Pass, Nicomen Lake, Pacific Crest (PCT) and Steamboat.

Horse camping: Headwaters Corral Campsite (Front country - Check map for backcountry sites)

Mountain Bikes allowed on: Monument 83, Windy Joe, Little Muddy, Lone Duck, North and South Gibson, and Poland Lake. See Mountain Bike brochure for more information.



Black Bear



Whiskey Jack



Clark's Nutcracker



Mule Deer

Be Bear Smart and Wildlife Aware!

Feeding wildlife feels like helping, but often hurts the animals we care about. Bears that are used to eating human food become a safety problem and have to be killed. Other animals - even deer and ground squirrels can really hurt you if you get too close. Do your part to protect the wildlife you love in this park:

- ★ Keep your campsite clean.
- ★ Store food/scented items in the car - not the tent!
- ★ Never leave food or garbage unattended.
- ★ Don't feed wildlife.
- ★ Give wildlife their space - keep a safe distance.
- ★ Make plenty of noise hiking to avoid surprises!

Manning's wildlife thanks you!

Naturalist Programs

Want to get to know your park and have fun doing it? Join us for family friendly, one hour programs offered from May Long until Labour Day weekend and check out our special events! Topics, times and locations posted weekly throughout the park. Jerry's Rangers offered at day programs.



Programs are free, but donations are welcome in support.

Lights on Lightning Lake Lantern Festival



Saturday of the August long weekend.
 Lantern Workshop 10-3 LL Day Use Area.
 Lantern Launch 9:30pm Spruce Bay Beach.

For more info check events at www.manningpark.com

Wings on the Wind Kite Festival

Saturday of the Labour Day long weekend.
 Kite Workshop 11-2 LL Day Use Area.
 Group Kite Launch 2pm LL Day Use Area.



This map brought to you by



Paintbrush



Barn Swallow



American Dipper



Stellar's Jay B.C.'s bird



Barrow's Goldeneye



Rufous Hummingbird



Pika



Raven



Lupine



Calypso Orchid



Spreading Phlox - 20 yrs to flower